

3rd Global Conference on Psychology and Mental Health (GCPMH 2026)

October 14–16, 2026 | Online Conference, Rome Italy
Theme: Beyond the Diagnosis: Humanizing Mental Health Care

DAY 1 — OCTOBER 14, 2026

OPENING & PLENARY FORUM

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
09:00–09:10	Welcome & Opening Remarks GCPMH 2026 Organizing Committee
09:10–09:45	Plenary Presentation 1: Perceptions of Women Participating in Prenatal Yoga Regarding Their Childbirth and Postpartum Experiences: An Interpretative Phenomenological Study Hacer Yalnız Dilcen — Bartın University, Faculty of Health Sciences, Department of Midwifery, Bartın, Türkiye
09:45–10:20	Plenary Presentation 2: The Role of Metacognitive Functions and Brain Rot in the Relationship Between AI Chatbot Addiction and Cognitive Flexibility in Young Adults: A Structural Equation Modeling Study Duygu ÖZER; Özlem ŞAHİN ALTUN — Bartın University, Faculty of Health Sciences, Department of Nursing, Bartın, Türkiye
10:20–10:30	Networking Break

PLENARY & SPECIAL SESSION

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
10:30–11:05	Plenary Presentation 3: Scenario-based Learning and Assessment for Psychological and Educational Applications John Sabatini — Distinguished Research Professor, Institute for Intelligent Systems and Department of Psychology
11:05–11:40	Oral Presentation: From Suicide Risk Assessment to Risk Prediction: Development and Clinical Implementation of a Longitudinal Suicide-Risk Prediction Model Lucía Pokrzywka — Psychologist, MSc in Criminology and Criminal Investigation; Specialist in Suicidal Behavior, DBT, Trauma and Psychopathology; DBT Rosario / CEAT Psicología, Rosario, Santa Fe, Argentina
11:40–12:10	Discussion & Q&A;
12:10–13:00	Virtual Lunch & Networking Break

TECHNICAL SESSION 1 — MENTAL HEALTH, RESILIENCE & WELL-BEING

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
13:00–13:25	Oral Presentation: Meditation for Psychological Disorders and Mental Health Management Ven Dr Sumedh Thero — Sumedh Bhoomi Buddha Vihar, Dr Ambedkar Park, Jhansipura, Lalitpur, India
13:25–13:50	Developmental Pathways to Ontological Well-Being: Connections Between Parental Control, Identity Foreclosure and Authenticity Evrin Su Güngören — MSc Candidate, Istanbul Rumeli University, Türkiye
13:50–14:15	The Presence Paradigm: Integrating Psychology, Spirituality, and Human Development Dr. Sunayana Shukla — Psychotherapist, Mindfulness & Integrative Mental Health Practitioner
14:15–14:25	Q&A;

TECHNICAL SESSION 2 — DIGITAL PSYCHOLOGY & CONTEMPORARY MENTAL HEALTH

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
14:25–14:50	AI Chatbots and Mental Health: Opportunities, Risks and Ethical Considerations Invited/Proposed Speaker
14:50–15:15	Social Media, Digital Overload and Psychological Well-Being in Young Adults Invited/Proposed Speaker
15:15–15:40	Technology-Assisted Psychological Interventions: From Engagement to Clinical Outcomes Invited/Proposed Speaker
15:40–16:00	Day 1 Discussion & Closing

DAY 2 — OCTOBER 15, 2026

PLENARY FORUM — INTEGRATED MENTAL HEALTH

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
09:00–09:40	Plenary Presentation: Peer Support as a Mechanism of Resilience in War-Affected Children: A Group-Level Intervention Study Tamara Nahaliuk — Medical Clinical Centre Dobrobut, Kyiv, Ukraine
09:40–10:20	Plenary / Special Presentation: Challenges and Solutions for Design, Integration and Interoperability of Intelligent and Ethical Health and Social Care Ecosystems Prof. Dr. habil. Bernd Blobel, FACMI, FACHI, FHL7, FEFMI, FIAHSI — University of Regensburg, Medical Faculty, Regensburg, Germany
10:20–10:30	Networking Break

TECHNICAL SESSION 3 — CLINICAL PSYCHOLOGY & SUICIDE PREVENTION

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
10:30–10:55	Early Identification of Suicide Risk: Clinical Assessment and Prevention Strategies Invited/Proposed Speaker — Clinical Psychology / Suicide Prevention Specialist
10:55–11:20	Trauma-Informed Approaches to Suicide Prevention and Crisis Intervention Invited/Proposed Speaker — Trauma & Crisis Intervention Researcher
11:20–11:45	Dialectical Behavior Therapy and Contemporary Approaches to Suicidal Behavior Invited/Proposed Speaker — DBT / Clinical Psychology Specialist
11:45–12:10	Longitudinal Risk Prediction and Data-Informed Mental Health Care Invited/Proposed Speaker — Mental Health Researcher
12:10–12:20	Q&A;
12:20–13:10	Virtual Lunch & Networking

TECHNICAL SESSION 4 — CHILD, ADOLESCENT & FAMILY MENTAL HEALTH

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
13:10–13:35	Psychological Resilience in Children Exposed to Conflict and Displacement Invited/Proposed Speaker — Child & Adolescent Mental Health Researcher
13:35–14:00	Parental Control, Identity Development and Authenticity in Adolescence Invited/Proposed Speaker — Developmental Psychology Researcher
14:00–14:25	School-Based Mental Health Promotion and Early Psychological Support Invited/Proposed Speaker — Educational / School Psychology Specialist
14:25–14:35	Break

TECHNICAL SESSION 5 — SPIRITUALITY, MINDFULNESS & HOLISTIC WELL-BEING

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
14:35–15:00	Mindfulness-Based Approaches for Anxiety, Stress and Emotional Regulation Invited/Proposed Speaker — Mindfulness & Mental Health Researcher
15:00–15:25	Spirituality and Psychological Well-Being: Integrative Perspectives Invited/Proposed Speaker — Psychology / Spirituality Researcher
15:25–15:50	Compassion, Presence and Human Connection in Mental Health Care Invited/Proposed Speaker — Integrative Mental Health Practitioner
15:50–16:10	Day 2 Discussion & Closing

DAY 3 — OCTOBER 16, 2026

TECHNICAL SESSION 6 — PSYCHOLOGICAL ASSESSMENT & EDUCATIONAL APPLICATIONS

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
09:00–09:25	Scenario-Based Learning and Assessment in Psychological and Educational Settings Invited/Proposed Speaker
09:25–09:50	Innovative Psychological Assessment: From Traditional Measures to Digital Tools Invited/Proposed Speaker
09:50–10:15	Metacognition, Cognitive Flexibility and Learning Outcomes in Young Adults Invited/Proposed Speaker
10:15–10:25	Break

TECHNICAL SESSION 7 — PSYCHOTHERAPY, INTEGRATION & COMMUNITY CARE

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
10:25–10:50	Integrative Psychotherapy for Complex Psychological Presentations Invited/Proposed Speaker
10:50–11:15	Community-Based Mental Health: Reducing Stigma and Improving Access to Care Invited/Proposed Speaker
11:15–11:40	Ethical Challenges in AI-Enabled Mental Health Services Invited/Proposed Speaker
11:40–12:05	Building Human-Centered and Resilient Mental Health Systems Invited/Proposed Speaker
12:05–12:15	Q&A;
12:15–13:00	Lunch Break

YOUNG RESEARCHERS & E-POSTER SESSION

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
13:00–14:00	Young Researchers Forum: Emerging Research in Psychology and Mental Health
14:00–14:45	E-Poster Presentations: Innovative Studies, Case Reports and Applied Mental Health Research
14:45–15:00	Networking Break

CLOSING SESSION

TIME	PROGRAM / PRESENTATION & SPEAKER DETAILS
15:00–15:25	Future Directions in Psychology and Mental Health: Research, Practice and Policy
15:25–15:45	Best Presentation / Young Researcher Recognition
15:45–16:00	Conference Highlights & Key Takeaways
16:00–16:10	Closing Remarks — GCPMH 2026 Organizing Committee



4th Global Conference on Psychology and Mental Health (GCPMH 2027)

*Global
Voices for a
Healthier
Tomorrow*



October 14–15, 2027



Paris, France



Theme: Advancing Mental Health Through
Research, Innovation and Global Collaboration



Clinical
Psychology



Mental Health
Across the Lifespan



Well-being
& Resilience



Digital Mental
Health



Mindfulness
& Psychotherapy



Policy, Education
& Global Mental Health



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